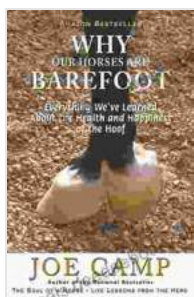


Why Our Horses Are Barefoot: Everything We've Learned About the Health and Benefits of Barefoot Trimming

We've been keeping our horses barefoot for over 10 years now, and we've never looked back. In that time, we've learned a lot about the health and benefits of barefoot trimming, and we're excited to share what we've learned with you.



WHY OUR HORSES ARE BAREFOOT – Everything We've Learned About the Health and Happiness of the Hoof (eBook Nuggets from The Soul of a Horse 3)

by Joe Camp

★★★★☆ 4.4 out of 5

Language	: English
File size	: 917 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 74 pages
Lending	: Enabled



If you're considering going barefoot with your horse, or if you're just curious about the benefits, read on to learn more.

What is barefoot trimming?

Barefoot trimming is a method of trimming a horse's hooves that mimics the natural wear pattern of a wild horse's hooves. This means that the hooves are trimmed to be slightly rounded at the toe, with a gentle slope from the toe to the heel. The sole of the hoof is left slightly concave, and the frog is left intact.

Barefoot trimming is different from traditional trimming, which involves squaring off the toe of the hoof and removing the frog. Traditional trimming can weaken the hoof and make it more susceptible to injury.

Benefits of barefoot trimming

There are many benefits to barefoot trimming, including:

- **Improved hoof health:** Barefoot trimming allows the hoof to function as it was designed to, which helps to promote healthy hoof growth and prevent hoof problems such as laminitis, thrush, and abscesses.
- **Reduced risk of injury:** A barefoot horse is less likely to suffer from injuries such as sprains, strains, and fractures. This is because the barefoot hoof is more flexible and shock-absorbent than a shod hoof.
- **Better overall health and well-being:** Barefoot horses are generally healthier and happier than shod horses. This is because they are able to move more freely and naturally, which reduces stress and improves their overall well-being.

How to transition your horse to barefoot

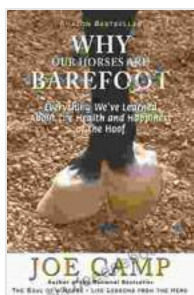
Transitioning your horse to barefoot can take some time and patience. It's important to do it gradually so that your horse's hooves have time to adjust. Here are some tips for transitioning your horse to barefoot:

- **Start by trimming your horse's hooves more frequently.** This will help to weaken the hoof wall and make it more flexible.
- **Gradually reduce the amount of time your horse spends wearing shoes.** Start by taking off their shoes for short periods of time, such as when they're in the pasture.
- **Monitor your horse's hooves closely for any signs of problems.** If you see any signs of soreness or lameness, stop the transition and consult with a veterinarian.

We believe that barefoot trimming is the best way to keep your horse healthy and happy. If you're considering going barefoot with your horse, we encourage you to do your research and talk to a veterinarian. With a little patience and care, you can help your horse enjoy the benefits of a barefoot life.

Additional resources

- Barefoot Horse Care
- Considering Barefoot Trimming?
- Barefoot Trimming: A Natural Approach to Hoof Care



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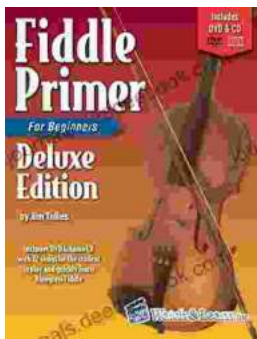
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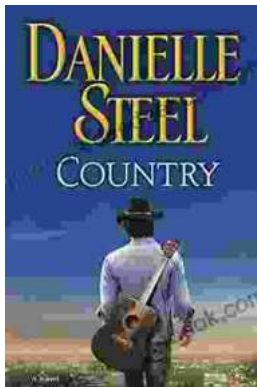
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