

The Tragic True Story Of A Mother Who Lost One Daughter To A Brutal Murderer And Another To Suicide



Through a Mother's Tears: The tragic true story of a mother who lost one daughter to a brutal murderer and another to a broken heart by Cathy Broomfield

★★★★☆ 4.1 out of 5

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No parent should ever have to bury their child. But for one mother, this unimaginable nightmare became a reality not once, but twice.

In 2007, 17-year-old Sarah Fox was brutally murdered by her ex-boyfriend, Michael Bever. Sarah had been dating Bever for about a year, but the relationship had become increasingly abusive. Bever was possessive and controlling, and he often threatened to hurt Sarah if she tried to leave him.

On the night of Sarah's murder, Bever lured her to a secluded area and stabbed her to death. He then fled the scene and was later apprehended

by police.

Sarah's mother, Cindy, was devastated by her daughter's murder. She couldn't believe that someone could be so cruel and heartless. Cindy struggled to cope with her grief, but she eventually found solace in helping other families who had lost loved ones to violence.

In 2012, Cindy's younger daughter, Emily, committed suicide. Emily had been struggling with depression for several years, and her death came as a shock to her family and friends.

Cindy was once again heartbroken. She had lost both of her daughters, and she didn't know how she would go on. But Cindy refused to give up hope. She knew that she had to find a way to keep her daughters' memories alive.

Cindy started a foundation in Sarah's name to help prevent dating violence. She also became an advocate for suicide prevention. Cindy's story is a tragic one, but it is also a story of hope. She has shown that even in the darkest of times, there is always light.

Sarah's Story

Sarah Fox was a beautiful and outgoing young woman. She was a cheerleader and a member of the debate team. Sarah had a bright future ahead of her, but it was all cut short by her ex-boyfriend, Michael Bever.

Bever was a troubled young man. He had a history of violence, and he was known to be possessive and controlling. Sarah's friends and family warned her about Bever, but she didn't listen. She thought she could change him.

But Bever didn't change. He became increasingly abusive towards Sarah. He would call her names, threaten her, and even hit her. Sarah was afraid of Bever, but she didn't know how to get away from him.

On the night of Sarah's murder, Bever lured her to a secluded area and stabbed her to death. He then fled the scene and was later apprehended by police.

Sarah's death sent shockwaves through her community. Her friends and family were devastated. They couldn't believe that someone could be so cruel and heartless.

Sarah's mother, Cindy, was especially heartbroken. She had lost her precious daughter, and she didn't know how she would go on.

Emily's Story

Emily Fox was a bright and talented young woman. She was a good student and a gifted artist. Emily had a close relationship with her family and friends.

But Emily also struggled with depression. She had been diagnosed with the condition when she was a teenager, and she had been taking medication for it.

In the years leading up to her death, Emily's depression worsened. She began to withdraw from her family and friends. She also started to self-harm.

Emily's family and friends were worried about her, but they didn't know how to help her. They tried to get her to see a therapist, but she refused.

On the day of her death, Emily committed suicide. She was 21 years old.

Emily's death shattered her family. They couldn't believe that she was gone. They didn't know how they would go on without her.

Emily's mother, Cindy, was once again heartbroken. She had lost both of her daughters, and she didn't know how she would go on.

Cindy's Story

Cindy Fox is a strong and courageous woman. She has faced unimaginable tragedy, but she has never given up hope.

After Sarah's murder, Cindy started a foundation in her name to help prevent dating violence. She also became an advocate for suicide prevention.

Cindy's work has helped countless families. She has given them hope and support during some of the darkest times of their lives.

Cindy's story is a tragic one, but it is also a story of hope. She has shown that even in the darkest of times, there is always light.

How to Get Help

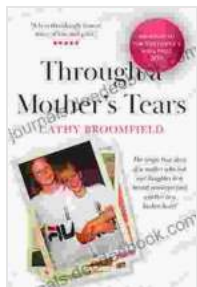
If you are struggling with dating violence or suicide, please know that you are not alone. There are people who care about you and want to help.

Here are some resources that can help:

- The National Domestic Violence Hotline: 1-800-799-SAFE

- The National Suicide Prevention Lifeline: 1-800-273-TALK
- The Crisis Text Line: Text "HOME" to 741741

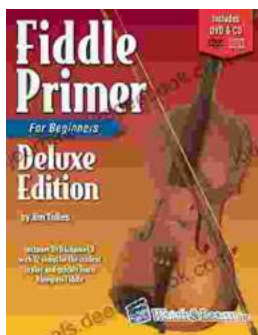
Please don't hesitate to reach out for help if you need it. There is always hope.



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