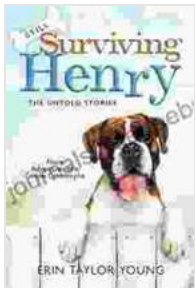


Still Surviving Henry: The Untold Stories



Still Surviving Henry: The Untold Stories by Erin Taylor Young

★★★★☆ 4.6 out of 5

Language	: English
File size	: 1333 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 132 pages
Lending	: Enabled
Item Weight	: 14.1 ounces



Henry is a survivor. He survived the horrors of war, and he survived the challenges of returning home. But his journey was not easy. He struggled with PTSD, depression, and addiction. He lost friends and family members. And he felt like he didn't belong anywhere.

But Henry never gave up. He kept fighting, and he kept surviving. He found hope in the most unexpected places, and he found healing in the most unlikely ways. His story is a testament to the power of the human spirit, and it is a reminder that even in the darkest of times, there is always hope.

The War

Henry was drafted into the army in 1968. He was sent to Vietnam, where he served as a combat medic. He saw things that no one should ever have to see. He witnessed death and destruction on a daily basis. And he lost friends and fellow soldiers in battle.

The war had a profound impact on Henry. He came home a changed man. He was haunted by nightmares and flashbacks. He struggled with depression and anxiety. And he felt like he didn't belong anywhere.

Coming Home

When Henry returned home from Vietnam, he was not welcomed with open arms. The country was divided over the war, and many people did not want to hear about the horrors that soldiers had experienced.

Henry felt isolated and alone. He didn't know who to turn to for help. He tried to bury his pain in alcohol and drugs. But that only made things worse.

The Struggle

Henry struggled with PTSD, depression, and addiction for many years. He lost jobs and relationships. He spent time in and out of hospitals and rehab centers.

But Henry never gave up. He kept fighting, and he kept surviving. He found hope in the most unexpected places, and he found healing in the most unlikely ways.

The Healing

Henry's healing journey began when he met a therapist who specialized in PTSD. The therapist helped Henry to understand his condition and to develop coping mechanisms.

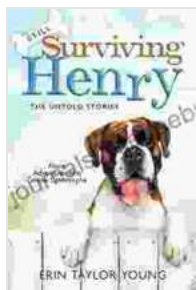
Henry also found healing in nature. He spent time hiking, camping, and fishing. He found solace in the beauty of the natural world.

Henry also found healing in helping others. He volunteered at a local veterans' hospital, and he shared his story with other veterans who were struggling with PTSD.

The Hope

Henry's story is a testament to the power of the human spirit. He survived the horrors of war, and he survived the challenges of returning home. He found hope in the most unexpected places, and he found healing in the most unlikely ways.

Henry's story is a reminder that even in the darkest of times, there is always hope. If you are struggling with PTSD or other challenges, know that you are not alone. There is help available, and there is hope for healing.



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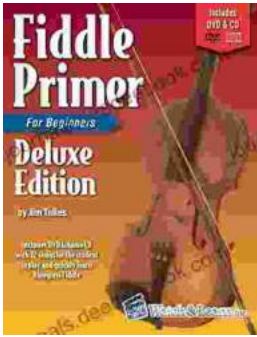
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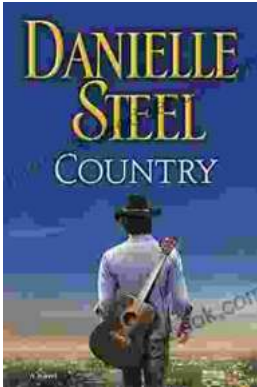
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