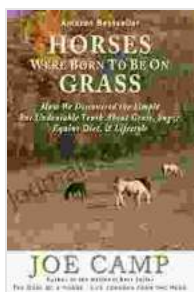


Horses Were Born To Be On Grass: How We Discovered The Simple But Undeniable

In recent years, there has been a growing awareness of the importance of feeding horses a diet that is high in forage. Forage is a general term for grasses, legumes, and other plants that are eaten by horses. Forage is a good source of fiber, which is essential for maintaining a healthy digestive system. Fiber also helps to keep horses feeling full and satisfied, which can help to prevent them from overeating.

In addition to fiber, forage is also a good source of other nutrients, including vitamins, minerals, and antioxidants. These nutrients are essential for maintaining a healthy immune system and overall health.

Feeding horses a diet that is high in forage has been shown to have a number of benefits, including:



HORSES WERE BORN TO BE ON GRASS - How We Discovered the Simple But Undeniable Truth About Grass, Sugar, Equine Diet, & Lifestyle by Joe Camp

★★★★☆ 4.5 out of 5

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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 81 pages
Lending : Enabled



- Reduced risk of obesity
- Reduced risk of laminitis
- Reduced risk of colic
- Improved digestion
- Improved immune function
- Improved overall health

If you are looking for a way to improve your horse's health, one of the best things you can do is to feed them a diet that is high in forage. Forage is the natural diet of horses, and it is the best way to keep them healthy and happy.

Grass is the most important part of a horse's diet. It provides them with the nutrients they need to stay healthy and strong. Grass is also a good source of fiber, which is essential for keeping a horse's digestive system healthy.

Here are some of the benefits of feeding horses grass:

- Grass is a good source of nutrients, including vitamins, minerals, and antioxidants.
- Grass is a good source of fiber, which is essential for maintaining a healthy digestive system.
- Grass helps to keep horses feeling full and satisfied, which can help to prevent them from overeating.

- Grass is a natural food for horses, and it is the best way to keep them healthy and happy.

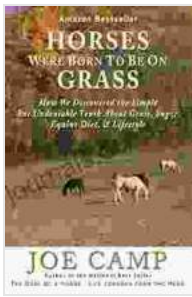
The amount of grass that a horse should eat each day depends on a number of factors, including their age, size, and activity level. A general rule of thumb is to feed horses 1-2% of their body weight in grass each day. So, a 1,000-pound horse would need to eat 10-20 pounds of grass each day.

It is important to note that horses should not be allowed to graze on grass for more than 12 hours at a time. This is because grazing for too long can lead to a number of health problems, including obesity, laminitis, and colic.

There are a few things you can do to feed horses grass safely:

- Make sure that the grass is clean and free of debris.
- Do not feed horses grass that has been treated with pesticides or herbicides.
- Limit the amount of time that horses graze on grass each day.
- Monitor horses closely for signs of health problems, such as obesity, laminitis, and colic.

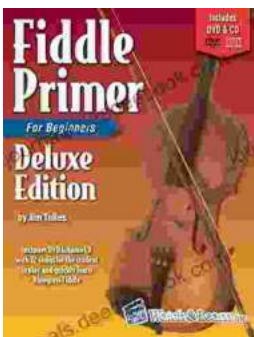
Grass is the most important part of a horse's diet. It provides them with the nutrients they need to stay healthy and strong. Grass is also a good source of fiber, which is essential for keeping a horse's digestive system healthy. By following the tips in this article, you can feed your horse grass safely and help them to live a long and healthy life.



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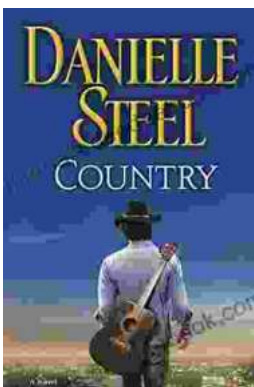
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