# 2024 MLB Betting Season Preview I Adam Burke

The 2024 Major League Baseball season is poised to be one of the most exciting in recent memory. With a number of teams looking like legitimate contenders, there is sure to be plenty of betting value to be found. Here is a preview of the upcoming season, with odds and analysis from ESPN's Adam Burke.

The American League is shaping up to be a two-horse race between the New York Yankees and the Houston Astros. The Yankees are the defending World Series champions, and they have a deep and talented roster that is led by Aaron Judge, Giancarlo Stanton, and Gerrit Cole. The Astros are also a perennial contender, and they have a young and exciting team that is led by Jose Altuve, Alex Bregman, and Justin Verlander.

The other teams in the AL East are not as strong as the Yankees and Astros, but they could still make some noise. The Toronto Blue Jays have a young and talented team that is led by Vladimir Guerrero Jr. and Bo Bichette. The Tampa Bay Rays are a well-rounded team that is always in contention. And the Boston Red Sox are a wild card that could surprise some people.



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★★★★★ 5 out of 5

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The AL Central is a bit of a mess. The Chicago White Sox are the defending division champions, but they lost a lot of key players in the offseason. The Cleveland Guardians are a young and up-and-coming team, but they are not quite ready to contend. The Detroit Tigers are rebuilding, and the Kansas City Royals are just plain bad.

The AL West is another two-horse race between the Los Angeles Angels and the Seattle Mariners. The Angels have a lot of star power, with Mike Trout, Shohei Ohtani, and Anthony Rendon. But they have not been able to put it all together in recent years. The Mariners are a young and exciting team that is led by Julio Rodriguez and Logan Gilbert. They could be a dark horse to win the division.

The National League is a bit more wide open than the American League. There are a number of teams that could contend for the pennant, including the Atlanta Braves, the Los Angeles Dodgers, the New York Mets, and the San Diego Padres.

The Braves are the defending World Series champions, and they have a strong team that is led by Ronald Acuna Jr., Freddie Freeman, and Max Fried. The Dodgers are always a contender, and they have a deep and talented roster that is led by Mookie Betts, Clayton Kershaw, and Julio Urias. The Mets are a rising team that is led by Francisco Lindor, Pete Alonso, and Jacob deGrom. And the Padres are a dark horse that could

surprise some people. They have a young and talented team that is led by Fernando Tatis Jr., Manny Machado, and Joe Musgrove.

The other teams in the NL East are not as strong as the Braves and Mets, but they could still make some noise. The Philadelphia Phillies have a good team that is led by Bryce Harper, Nick Castellanos, and Zack Wheeler. The Miami Marlins are a young and up-and-coming team that is led by Jazz Chisholm Jr. and Sandy Alcantara. And the Washington Nationals are rebuilding, but they have some young talent.

The NL Central is a bit of a mess. The Milwaukee Brewers are the defending division champions, but they lost a lot of key players in the offseason. The St. Louis Cardinals are a well-rounded team that is always in contention. But the other teams in the division are not very good.

The NL West is a two-horse race between the Dodgers and the Padres.

The Dodgers are the clear favorites, but the Padres could be a dark horse.

They have a young and talented team that is led by Fernando Tatis Jr. and Manny Machado.

Here are the betting odds for the 2024 World Series, according to ESPN:

- New York Yankees +350
- Houston Astros +450
- Los Angeles Dodgers +500
- Atlanta Braves +550
- New York Mets +600

- San Diego Padres +650
- Toronto Blue Jays +800
- Seattle Mariners +850
- Philadelphia Phillies +900
- St. Louis Cardinals +950

The 2024 MLB season is shaping up to be one of the most exciting in recent memory. With a number of teams looking like legitimate contenders, there is sure to be plenty of betting value to be found. Here are a few teams that I think could be good value bets:

- Toronto Blue Jays: The Blue Jays have a young and talented team that is led by Vladimir Guerrero Jr. and Bo Bichette. They have a good chance to win the AL East, and they could be a dark horse to win the World Series.
- Seattle Mariners: The Mariners are a young and exciting team that is led by Julio Rodriguez and Logan Gilbert. They have a good chance to win the AL West, and they could be a dark horse to win the World Series.
- San Diego Padres: The Padres have a young and talented team that is led by Fernando Tatis Jr. and Manny Machado. They have a good chance to win the NL West, and they could be a dark horse to win the World Series.

Of course, there are no guarantees in betting. But if you are looking for some good value bets, these are a few teams that I would consider.

I hope this preview has been helpful. Good luck with your betting!

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